

A Message from Nicola, OT Student

What an amazing 13 weeks I have had at Endeavour Academy. My professional development has been supported by all the staff who have generously given me their time and expertise while I have been here. The children have been remarkable and I have genuinely enjoyed each and every interaction I have had with them. Endeavour is a place that supports each child to reach their full potential and I can see that each child is encouraged to be all they can be. When I go into a setting, either educational or health and I think 'a loved one would be fortunate to be here' then I know that it's a great place and I put Endeavour up there with other places I have been lucky to go to.

A number of the students have to manage varying levels of anxiety and the occupational therapy input that the students have access to tries to help manage this in a way that supports the children in their classrooms. A small relaxation group has been run for several weeks now and the students appear calm and relaxed at the end of the sessions, it would be great if this could continue for students who need it. I have also developed some gross motor skills sessions, messy play and handwriting support for students.

I'd like to extend special thanks to Sian who has been incredibly supportive and encouraging during my placement. Thank you all so much and have a wonderful Christmas and New Year.

Best Wishes, Nicola



